Richie's Positive Behavior Support Plan: Sensory

What would define a successful experience (behavior and results)?
We would like for Richie to develop a tolerance for sounds that upset him, or for him to be able to self-soothe.

What patterns are affecting behavior during this routine?

Precipitating Circumstances (What triggers problems)	Interfering Behaviors (What child says or does)	Results of Behavior (What child gets or avoids)
When Richie is exposed to sounds that bother him (or possibly a repetitive activity)	**He may moan, pace, and shriek – followed by aggression, property destruction, and/or self-injury.**	**Adults may try to soothe him (e.g., with singing) or give him items or activities to calm him.**
Proactive Strategies (Arrangement and expectations) **Create a toy, games, and sensory bin box. Each category of toys will be labeled (light up guns/ stuffed animals/ robots/ cars/ etc.). These will be accessible in his room (but a cover will be placed over the bin box at night). Create a sound bank for Richie to help him develop a tolerance. Have headphones and music ready in my handbag for when places are too noisy or crowded. Structure activities during downtime (verbal/visual). Create pictures of favorite items and activities. Remind Richie to access these items/activities when he appears upset.**	Teaching Skills (Behaviors to be encouraged) **Richie will learn to request breaks from situations he finds overwhelming by using "Break," "Wait,", or "Later" picture cards. Richie will learn to request his headphones when a noisy place is too much for him to handle. Richie will learn to request what toys and games he wants to play. Richie will learn to engage others in a conversation by using the "about me" book.**	Management Strategies (Access to reinforcement) **Richie will be rewarded with applause, tickling, singing his favorite songs, and more time with preferred activities (iPad) for** - **Requesting breaks when needed** - **Requesting items/activities/interaction by using a picture** - **Tolerating difficult situations like pausing the use of iPad, large crowds, etc.** **If Richie engages in problem behavior, we will block him and explain that we will delay access to his preferred items/activities until he calms down.**

What do we need to do to get these strategies in place?
Create a toy, game, and sensory bin box. Create a sound-bank of sounds like "baby crying," "fire sirens," etc. Create pictures for his headphones, favorite toys and activities, and break, later, and wait. Create a "about me" conversation book. Keep all pictures available and visible on the outside of my purse where he knows to find it.

How will we determine if we are being successful?
We will continue to monitor Richie's progress by using our behavior tracking charts, and observe any changes in the pattern.