

## Richie's Positive Behavior Support Plan: Task Demands

What would define a successful experience (behavior and results)?

**We would like Richie to be able to conduct a task or learn a new one successfully.**

What patterns are affecting behavior during this routine?

Precipitating Circumstances  
(What triggers problems)

**When Richie is asked to perform a task (e.g., self-care, initiate new activity at school).**

Interfering Behaviors  
(What child says or does)

**He may moan, pace, and shriek – followed by aggression, property destruction, and/or self-injury.**

Results of Behavior  
(What child gets or avoids)

**He is often removed from the situation (e.g., to the office) or the task is delayed, demands reduced, or he gets help.**

Proactive Strategies

(Arrangement and expectations)

**Try to make a connection between the activity/task with something Richie likes (buzz lightyear, songs he likes, etc.).**

**Provide choices of tasks to be expected, making him decide on what to do first (brush teeth or bathe).**

**Create a “Break,” “Wait,” or “Later,” picture cards.**

**Use visual timers for tasks/activities.**

Teaching Skills

(Behaviors to be encouraged)

**Richie will ask for breaks or delays when frustrated with a task/activity.**

**Richie will learn task completion and independence.**

**Richie will learn to choose a sequence of activities (what activity he would like to do first).**

Management Strategies

(Access to reinforcement)

**Richie will be given breaks or delays (i.e., \_\_ minutes) when he asks nicely.**

**Richie will be allotted more time with the iPad/device after completing a task (Reward (visual) picture of device or preferred activity with X number of extra minutes).**

**Applaud, give Richie kisses, tickle him when task or activity is completed.**

What do we need to do to get these strategies in place?

**We will need to take pictures of all tasks expected of Richie, as well as “break, wait, or later” picture cards. We need to purchase a visual timer and create a reward picture card that allows more time with a preferred activity. We can play soft music associated with Richie’s favorite shows or movies during an activity.**

How will we determine if we are being successful?

**We will continue to monitor Richie’s progress by using our behavior tracking charts, and observe any changes in the pattern.**